How to Use an AeroChamber with Mouthpiece

for Metered Dose Inhalers

The AeroChamber Plus Flow-Vu® is an anti-static holding device that is used to give medication from a metered dose inhaler (MDI) to children who cannot coordinate their breathing well enough to use an MDI alone.

How to use an AeroChamber®:

1. Insert MDI into chamber (see picture)
2. Shake MDI/chamber a few times.
3. Place the mouthpiece in the child’s mouth.
4. Have the child take a long, slow breath in. Hold for a count of 10. If the chamber whistles, this means the breath needs to be slower.
5. Repeat steps 2-5 until the prescribed number of puffs have been given. Never give more than one puff at a time.

If needed, hold the child’s nose to be sure he/she is breathing through the mouth. Watch the flow indicator flap to see that the drug is breathed in.

How to take care of the chamber:

Wash the chamber weekly with a drop of dishsoap and water. Rinse and let it air dry. Replace the chamber once a year (or if damaged).

Equivalent anti-static chambers:

Vortex® & Aerochamber® Z-stat

Note: only the AeroChamber® brand is covered by Florida Medicaid. Do not allow the pharmacy to substitute the Optichamber® brand. It delivers less drug to the lungs.