

CF PATIENTS LIFE TRANSITIONS GUIDELINES

DATE REVIEWED

STAGE 1: Diagnosis to school age

- Consent for CF Registry and ESCF _____
- CF basic education _____
- Preschool/early school years management _____
- Immunizations _____
- Role of primary care provider _____
- Begin discussing Life Transitions process _____
- Healthy coping strategies education _____
- Utilizing community resources _____

STAGE 2: Age 6-10

- Transition process reinforcement _____
- Child to begin giving history _____
- Perform PFT's regularly/improve technique _____
- Importance of airway clearance (AC) and enzymes _____
- Importance of increased salt intake in summer _____
- Managing CF in school _____
- Impact of CF on siblings _____

STAGE 3: Age 10-12

- Give own history in presence of parents _____
- Report eating habits _____
- Learn medications _____
- Learn second AC method _____

STAGE 4: Age 12-15

- Involvement in check in/out at front desk _____
- Give history independently _____
- Begin to call office when sick or for medication renewals _____
- Know names/purpose of medications _____
- Increased independence with AC _____
- Follow appropriate nutrition _____
- Discuss sexuality/reproductive issues _____
- Physical exam with parents out of room _____
- Mention lung transplant _____
- Suggest separate rooms for siblings _____

