

## Professionalism Workshop

1. Introduction
  - a. How instructors got involved; our own personal interests and background in this topic
  - b. Professionalism is to some degree context-based, but there are also constants
    - i. Classroom
    - ii. Sorority
    - iii. What other jobs have you worked at?
  - c. Why should you be professional?
    - i. As student
      1. research
      2. references
      3. internships
    - ii. As working professional
      1. respect
      2. safety of boundaries
      3. pay increases
      4. referrals
  - d. For some, professional behavior comes intuitively, for some it must be learned (often depends on previously accepted behaviors)
  - e. Definitions of professional behavior sometimes arouse anger/rebellion. It is important to be able to discuss these feelings openly. Sometimes, one must adapt, sometimes one's views result in change.
  - f. Professionalism is often less the appearance or behavior than it is the underlying stance/view of the world. (e.g., in some contexts, informal clothes are worn, but an internal view of boundaries must be maintained)
  - g. Often the challenge is that you may not feel confident
  - h. Ethical behavior is also a big part of professionalism
    - i. Not fabricating data
    - ii. Not showing favoritism
    - iii. Not submitting papers to several journals
2. Discussion—what is professionalism? (try and include full list)
  - a. Small group discussion
    - i. Meeting deadlines
    - ii. Coming to class
    - iii. Respectful interactions
    - iv. Clear, direct communication
    - v. Appearance
    - vi. Responding to emails
    - vii. Participating in group projects-Responsibility
    - viii. Not monopolizing
    - ix. Not belittling
    - x. Not answering for others
    - xi. Paying attention
  - b. Come back to larger group discussion
3. How do you earn respect?

4. How professional do you consider yourself (self-rating)
5. Sticky situations—how would you handle this?